Horses and Heroes

An Equine Assisted Experiential Learning Program For Veterans & Active Military

This is a group program which uses horses to help facilite awareness and healing. Equine Assisted Learning (EAL) is a nonintrusive therapeutic approach used to assist service men and women to work through common challenges experinced after returning home.



EAL has been shown to help:

- Identifying what to do after completing your service
- Challenges of reintegrating into civilian life
- Struggles with family life
- PTSD, TBI, and Militay Sexual Trauma

Individual, family & group programs

Presented By:

Stable Solutions

Equine Assisted Center for Wellness and Personal Development

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